



# OUR SERVICES













ABOUT

Dr. Kasey is dedicated to giving patients with chronic illness answers. As a licensed Naturopathic doctor, she believes that your health is made up of physical, mental, emotional, and spiritual components. Through her clinical experience, she has seen environmental toxins, viruses, stealth infections, chronic inflammation, and stress disrupt these pillars of health. She uses a complete holistic approach to tackle health concerns no matter how simple or complex they may be.

ABOUT



#### AN ONLINE WELLNESS STUDIO BRINGING NATUROPATHIC WISDOM AND MODERN ROOT CAUSE TESTING TO YOU, SO YOU CAN GET BACK TO THRIVING.

Getting to the root cause of your mystery symptoms and chronic aliments is standard with Dr. Kasey. Through Naturopathic medicine and advanced functional testing, she removes obstacles to heal from chronic illnesses and empowers you to activate your body's innate healing ability so you can get back to thriving.

#### WHERE GETTING TO THE ROOT CAUSE IS STANDARD

## AREAS OF EXPERTISE







ENVIRONMENTAL TOXINS



CHRONIC FATIGUE



EPSTEIN - BARR VIRUS & STEALTH INFECTIONS

"When I started Bootcamp, every single thing was a struggle, I felt horrible! In two weeks, I was feeling much better. My attitude, brain fog, energy and ability to be normal improved drastically! Dr. Kasey is so easy to work with and genuinely cares."

## LATEST ON THE BLOG



# How Do I Know if I Have EBV? What is Epstein – Barr Virus? Epstein – Barr virus is a very common virus. It is from the herpes family of

very common viruses, and is

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### Long haulers and POTS

What are long haulers? More people are reporting what are long maulers more people are reporting symptoms that linger for months after infection wit COVID-19. Sometimes called "Long Haulers," these people experience everything

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CHECK OUT THE FULL BLOG



#### How to Exercise with Chronic Fatigue

Do you feel sick or "sicker" after exercise? Do you feel like even a little bit of exercise knocks you down? Do you notice a

READ MORE »

# GET DR. KASEY'S FREE CHECKLIST

ACTIVATE YOUR BODY'S INNATE HEALING CAPABILITIES!

EMAIL



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