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Sex Therapy New York

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## Sex Therapy New York

As a sex therapist and Licensed Clinical Psychologist for more than thirty years, my practice has centered on helping men and women – as individuals and couples – find greater satisfaction and fulfillment in their solo and partnered sexual experiences.

I also work with individuals and couples in general practice, using similar integrative strategies to help my clients lead more fulfilling lives.

### Remote Sex Therapy Sessions via Zoom or FaceTime

Since the beginning of the Covid 19 public health crisis I have been conducting my sessions remotely via Zoom and FaceTime. This format has shown itself to be extremely effective, allowing the same personal connection to clients while providing improved utility by being extremely user friendly and time effective. Tele-therapy also makes it possible for couples who are not in the same location to have a joint session with me.

To make an appointment, call or text [\(212\) 689-7185](tel:212-689-7185).

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